



March Menu



Monday 2nd		Tuesday 3rd		Wednesday 4th		Thursday 5th		Friday 6th	
1	Mixed salad	1	Green salad with olives and cheese	1	Carrot and coriander Soup	1	Tomatoes & cucumber	1	Russian Salad
2	Pasta with meatballs	2	Chicken Thighs in sauce with cuscus	2	Baked Hake with Potatoes and Brocoli	2	Beef stew with diced potatoes	2	Chicken Skewers with diced tomato
2	Pasta Napolitana with Vegetarian meatballs	2	Corn Fillets	2	Vegetable Tempura	2	Vegetarian Stew	2	Vegetarian skewers
3	Fruit	3	Yogourt	3	Fruit	3	Carrot Cake	3	Fruit
Monday 9th		Tuesday 10th		Wednesday 11th		Thursday 12th		Friday 13th	
1	Mixed salad	1	Mexican Salad	1	Malagueña salad	1	Cucumber and carrot	1	Cream of pumpkin soup
2	Chicken and vegetable Paella	2	Beef burritos with wedges	2	Breaded Hake, potatoes and beans	2	Chicken Curry with rice	2	Hamburguer and chips
2	Vegetarian Paella	2	Vegetarian Burritos	2	Spring roll	2	Vegetarian Curry	2	Vegetarian hamburguer with chips
3	Fruit	3	Yogourt	3	Fruit	3	3 chocolate cake	3	Fruit
Monday 16th		Tuesday 17th		Wednesday 18th		Thursday 19th		Friday 20th	
1	Olives and cheese salad	1	Tomato and cucumber	1	Lentils	1	Mixed salad	1	Potato salad
2	Bolognese Pasta with garlic bread	2	Roast Turkey with baked potatoes and vegetables	2	Baked Hake with Potatoes and vegetables	2	Breaded Chicken potatoes and Ratatouille	2	Chicken Salad Enchilada
2	Pasta Napolitana	2	Vegetarian Roast	2	Vegetable Ratatouille	2	Ratatouille	2	Vegetable Enchilada
3	Fruit	3	Yogurt	3	Fruit	3	Red Fruit cake	3	Fruit
Monday 23rd		Tuesday 24th		Wednesday 25th		Thursday 26th		Friday 27th	
1	Mixed salad	1	Chickpea salad	1	Pepper salad	1	Greek Salad	1	Spring Roll
2	Baked chicken with vegetables	2	Potato Omelette with Salad	2	Fish Fingers, mash potatoes and peas	2	Chicken Goujons with vegetables	2	Pizza
2	vegetables with potatoes	2	Potato Omelette with Salad	2	Fish Fingers, mash potatoes and peas	2	Vegetable rataouille	2	Pizza
3	Fruit	3	Yogurt	3	Fruit	3	Ice Cream	3	Fruit



Menú Marzo



Lunes 2		Martes 3		Miércoles 4		Jueves 5		viernes 6	
1	Ensalada mixta	1	Ensalada verde con aceitunas y queso	1	Crema de zanahoria y cilantro	1	Tomate y pepinos	1	Ensalada Rusa
2	Pasta con albóndigas	2	Muslitos del pollo en salsa con couscous	2	Merluza al horno, patatas y brócoli	2	Estofado de ternera, patatas dado	2	Pinchitos de Pollo con tomate picado
2	Pasta napolitana con albóndigas vegetarianas	2	Filetes vegetarianos	2	Tempura de verdura	2	Estofado vegetal	2	Pinchitos vegetarianos
3	Fruta	3	Yogurt	3	Fruta	3	Tarta de zanahoria	3	Fruta
Lunes 9		Martes 10		Miércoles 11		Jueves 12		viernes 13	
1	Ensalada mixta	1	Ensalada Mexicana	1	Ensalada Malagueña	1	Pepino y zanahoria	1	Crema de Calabaza
2	Paella de pollo y verduras	2	Burritos de ternera con patata cocida	2	Merluza Frita, patatas y judías verdes	2	Pollo al curry con arroz	2	Hamburguesa con patatas fritas
2	Paella vegetariana	2	Burritos vegetarianos	2	Rollito de Primavera	2	Curry Vegetariano con arroz	2	Hamburguesa Vegetariana con patatas
3	Fruta	3	Yogurt	3	Fruta	3	Tarta 3 chocolates	3	Fruta
Lunes 16		Martes 17		Miércoles 18		Jueves 19		viernes 20	
1	Ensalada aceitunas y queso	1	Tomate y Pepinos	1	Lentejas	1	Ensalada mixta	1	Ensalada de patatas
2	Pasta Boloñesa, pan de ajo	2	Pavo asado con patatas al horno y verduras	2	Merluza al horno, patatas y verduras	2	Pollo empanado, patatas y nisto	2	Enchilada de pollo con ensalada
3	Pasta Napolitana	2	Verduras al horno	2	Pisto de verduras	2	Pisto verduras	2	Enchilada de verduras
3	Fruta	3	Yogur	3	Fruta	3	Tarta frutos rojos	3	Fruta
Lunes 23		Martes 24		Miércoles 25		Jueves 26		viernes 27	
1	Ensalada mixta	1	Ensalada de Garbanzos	1	Pipirrana	1	Ensalada Griega	1	Rollito de primavera
2	Pollo al horno, patatas cocidas y verduras	2	Tortilla de patatas con ensalada	2	Palitos de pescado con puré y guisantes	2	Goullons de pollo con patatas	2	Pizza
2	Verduras con patatas cocidas	2	Tortilla de patatas con ensalada	2	Palitos de pescado con puré y guisantes	2	Pisto de verduras	2	Pizza
3	Fruta	3	Yogur	3	Fruta	3	Helado	3	Fruta