



MAY Menu



Monday 4th		Tuesday 5th		Wednesday 6th		Thursday 7th		Friday 8th	
	Mixed Salad		Gazpacho		Green Salad		Olives, cheese, carrot salad		Lentils salad
	Pasta Carbonara		Chicken Goullons, ratatouille, chips		Fish fingers, smashed potatoes, peas		Lasagna with Garlic bread		Chicken Wrap lettuce and tomato and Mayo
	Pasta Napolitana		Vegetable Tempura		Spring Roll		Lasagna with Garlic bread		Vegetarian Wrap
	Fruta		Yogourt		Fruit		Ice Cream		Fruit
Monday 11th		Tuesday 12th		Wednesday 13th		Thursday 14th		Friday 15th	
1	Spring Roll	1	Carrots and Cucumber	1	Pepper salad	1	Greek Salad	1	Cucumber and Tomato
2	Pasta Bolognaise	2	Chicken Curry with Rice	2	Baked Hake with Potatoes and vegetables	2	Beef Burrito with salad	2	Chicken Skewers with chips
2	Pasta Napolitana	2	Vegetarian Curry	2	Vegetable Ratatouille	2	Vegetarian Burritos	2	Vegetarian Skewers with vegetables
3	Fruit	3	Yogourt	3	Fruit	3	Ice cream	3	Fruit
Monday 18th		Tuesday 19th		Wednesday 20th		Thursday 21st		Friday 22nd	
1	Mixed salad	1	Pipirrana	1	Porra Antequerana	1	Green Salad	1	Russian Salad
2	Chicken Wok	2	Chicken thighs with Cus cus	2	Fidegua Pescado	2	Meatballs in sauce with spicy potatoes	2	Chicken Enchiladas with salad
2	Vegetarian Carbonara	2	Cus cus	2	Vegetable Fideguá	2	Vegetarian Meatballs	2	Vegetarian enchiladas
3	Fruit	3	Yogourt	3	Fruit	3	Ice cream	3	Fruit
Monday 25th		Tuesday 26th		Wednesday 27th		Thursday 28th		Friday 29th	
1	Chick Pea Salad	1	Green salad	1	Gazpacho	1	Ali oli Potatoes	1	Mixed Salad
2	Potato Omelet with mixed salad	2	Breaded chicken with pasta salad	2	Fried Hake with potatoes and vegetables	2	Grilled Chicken with salad	2	Beef burgers with chips
2	Potato Omelet with mixed salad	2	Fried eggplant	2	Vegetable Tempura	2	Grilled vegetables	2	Vegetarian Burguer with chips
3	Fruit	3	Yogourt	3	Ice Cream	3	Fruit	3	Fruit



Menú Mayo



Lunes 6		Martes 7		Miércoles 8		Jueves 9		viernes 10	
1	Ensalada mixta	1	Gazpacho	1	Ensalada Verde	1	Ensalada aceitunas, queso, zanahorias	1	Ensalada lentejas
2	Carbonara Pasta	2	Goullons de pollo, pisto y patatas	2	Varitas de Merluza, puré de patatas, guisantes	2	Lasaña y pan de ajo	2	Wrap de pollo lechuga tomate y mayonesa
2	Napolitana Pasta	2	Tempura de verduras	2	Rollito de Primavera	2	Lasaña y pan de ajo	2	Wrap vegetariano
3	Fruit	3	Yogur	3	Fruta	3	Helado	3	Fruta
Lunes 13		Martes 14		Miércoles 15		Jueves 16		viernes 17	
1	Rollito de primavera	1	Pepino y Zanahoria	1	Ensalada Pimientos	1	Ensalada Griega	1	Tomate y Pepino
2	Pasta Boloñesa	2	Pollo al curry con arroz	2	Merluza al horno, patatas y menestra	2	Burritos de ternera con ensalada	2	Pinchitos de Pollo, patatas y tomates
2	Pasta Napolitana	2	Curry vegetariano	2	Salteado de verduras	2	Burritos Vegetarianos	2	Pinchitos vegetarianos
3	Fruta	3	Yogurt	3	Fruta	3	Helado	3	Fruta
Lunes 20		Martes 21		Miércoles 22		Jueves 23		viernes 24	
1	Ensalada mixta	1	Pipirrana	1	Porra Antequerana	1	Ensalada Verde	1	Ensaladilla Rusa
2	Wok de pollo	2	Muslitos de pollo con cuscus	2	Fideguá de pescado	2	Albóndigas en salsa, patatas bravas	2	Enchiladas de Pollo con ensalada
3	Wok Vegetariano	2	Cus Cus	2	Fideguá de verduras	2	Albóndigas vegetarianas	2	Enchiladas Vegetarianas
3	Fruta	3	Yogur	3	Fruta	3	Helado	3	Fruta
Lunes 27		Martes 28		Miércoles 29		Jueves 30		viernes 1 Mayo	
1	Ensalada de garbanzos	1	Ensalada Verde	1	Gazpacho	1	Patatas Alioli	1	Ensalada Mixta
2	Tortilla de patatas con ensalada mixta	2	Pollo empanado con ensalada de pasta	2	Merluza frita, patatas, verdura salteada	2	Pollo plancha con ensalada	2	Hamburguesa Irlandesa con patatas
2	Tortilla de patatas con ensalada mixta	2	Berenjena Frita	2	Tempura de verduras	2	Verdura plancha	2	Hamburguesa vegetariana
3	Fruta	3	Yogur	3	Helado	3	Fruta	3	Fruta